



NACADA
FOR A NATION FREE FROM ALCOHOL AND DRUG ABUSE

AA PHYSICAL MEETINGS

COUNTY	PLACE	TIME
Nairobi	All saints Cathedral	12.30-1.30 pm Monday
	Nairobi Place, Mokoyeti Rd, Karen Tumaini Group	6.00-7.00 pm Monday
	Holy Family Basilica	6.15-7.15 pm Monday
	Holy Family Basilica Beginners	12.30-1.30 pm Tuesday
	Lavington United church	6.30-7.30 pm Tuesday
	Holy Family Basilica Church	12.30-1.30 pm Wednesday
	Consolata Church Westlands	6.00-7.00 pm Wednesday
	Nairobi Place Mokoyeti Rd	6.30-7.30 pm Wednesday
	Runda Evergreen PCEA Church	6.30-7.30 pm Thursday
	St Andrews PCEA next to UON	12.30- 1.30 pm Thursday
	All Saint Cathedral	12.30-1.30 pm Friday
	Nairobi Place	6.00-7.00 pm Friday
	Lavington United Church	6.30- 7.30 pm Friday
	Eden House (Limuru Road Parklands)	7.00 -8.00 pm Friday
	Nairobi Hospital Anderson Center 10 th floor	9-10 am Saturday
	Rohim Church Utawala Benedicta	10.00 am—11.00 am Saturday
	Nairobi Place Kafuga	10.00 am -11.00 am Saturday
	Kenya Association of Laryngectomes at KNH	
	Tune Up Group- our Lady of Guadalupe Adams Arcade	4.00 pm- Saturday
	Candle Light Group-Regina Caeli Karen	6.00-7.00 pm- Mondays

Kajiado (Ngong)	True North, Office Suite C5 Frester Center Opp. Milele Mall for Military Veterans	
Kiambu	Karura Community Chapel	3.00pm-4.00 pm -Saturday
Thika	St Peter the Rock Catholic Church Thika	4.00 pm -Sunday
	Abundant Life Church Kiamumbi	4.00 pm-5 pm -Sunday
	Sober Life- Karura Kiambu	
Nyeri	St Peter's ACK Cathedral (Next to Baden Powell Memorial Park)	Every Saturday 10:00am - 11:00am
Kisii	Kisii Cathedral Group Mwembe Catholic Church	
	Kisii University Support Group	
	Oasis Hospital Support Group	
Makueni	Makueni County Support Group	
Machakos Athi River	Mavuno Hill City	11.00am-12.00pm-Wednesday 2.00-3.00pm- Sunday
	Mombasa Hospital Sisters' Mess	12.30-1.30pm- Monday Wednesday Friday
Mombasa	Rima Rehab opposite Nyali Baracks	
	Eden House Lalapazi	11.00am-12.00pm- Saturday
Nyandarua	The Chapel, Nanyuki Cottage Hospital - Contact: Nicky +254 722 432 033	1.00-2.00 pm -Second Thursday Of every month
Nakuru	Nakuru Central SDA Church Bondeni Estate	1.00-2.00 pm -Wednesday
Meru	Igoji Catholic church	5.00-6.00pm-Wednesday 2.00-3.00pm-Sunday

Help lines

0724 219570, 0799458616 (Ladies), 070557100, 070570979